



# TRI-ALPHA GYMNASTICS Parties



1.5 hours Party - Member \$260.00

1.5 hours Party – Non-Member - \$285.00

TAG's Party Program is designed for both **girls** and **boys** starting at walking age!  
We know how much each child dreams about their special day to be the **best day ever**.  
**Our goal** is to provide a Great FUN Time for ALL the children, with no work or clean up for you!

**Availability and Party Details:** Only Sunday Parties available starting at 10:00am

- 1 hour 30 min party (1 hour-Gym, 30 min-Party Room)
- Up to 20 child participants may be invited (Birthday Child Included)
- Two party coaches for up to 20 party participants (Three coaches for 20+ party participants)\*
- Private Party Room

*\*Additional child participants -\$10.00 each (30 party participants is a limit and the total number of participants must be given 1week prior to the party)*

- All Participants are encourage to sign waiver forms by creating an account in our Parent Portal, to save time in the gym. *(Due to our strict liability policies, we will not be able to allow anyone (adults & children), that has not completed the electronic or paper waiver form, on our gym floor)*
- An adult **MUST accompany** a child **3 years and under** during the entire 1.5 hours party time.
- All other adults will be asked to remain in the Party Room/Lobby Area, unless authorized to take pictures and videos.

### Party Room & Decorations

- All party guests are welcomed to bring **themed party goods** for the party room area.
- All **Decorations** must stay within the Party Room/Lobby Area.
- No **Balloons** are allowed in the gym area due to our 26' high ceilings.
- Please do not use tape on the walls. Small pins/tags are allowed.
- We truly appreciate your cooperation when treating our 'home' gym as if it was yours.

### What to bring the day of your party?

- Party Goods (2 regularly sized party tablecloths, paper cups, plates, napkins, forks and spoons)
- Cake, ice-cream and beverages (we have fridge and freezer)
- Candles and matches
- Knife/Cake server and serving spoon
- Camera, charger, batteries
- Goodie Bags & Name tags
- Large bags for all the gifts (Please, due to time restrictions we recommend to un-wrap all the gifts at home)

## Let's Have a Party To Howl For... The Party Day is Here

### **Plan to arrive on time.**

Meet your guests in the lobby area where our coaches will be directing everyone where to go and what to do, as they might still be preparing your party room from the party before you. Please don't hesitate to ask our coaches if you have any questions. All party participants should enter the gym barefoot, wearing comfortable gymnastics clothes.

**As soon as the clock shows the 'Party Time'**, all the children join our coaches in the gym for a quick warm-up, gym and safety rules and a quick introduction. It will follow with exploring our 9000 sq/ft gym area in FUN, structured group activities such as Obstacle Courses; which will include Bars, Beams, Rings, and our Large 42x42 ft Gymnastics Spring Floor. They will get to use our 30ft long Tumble Truck ,where they'll get to Blast Off at the end, in to our Air Foam Pit and run and jump on our double Vaulting course. Parachute, Messy Backyard or a game of TAG, we supervise all activities in a very Fun and Safe way and allow each child to have a blast during their time at TAG.

**As soon as the children finish** their 1 hour of Fun in the gym, they will be directed to the bathrooms to quickly wash their hands and straight to the Private Party Room for Ice-Cream and Cake. Our coaches will assist you with any necessary serving and clean up – it is part of your party.



*Please be considerate of your 30 minutes Party Room 'Time', as there will most likely be another group arriving shortly, ready to set up for their Party.*

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